

Northwest Center/ Unity Center Mission Statement

"We are dedicated to a united approach with our community and partners to provide quality and accessible programs through respect and awareness of our patrons needs".



Hourly Child Care

Who: 8 Weeks-8 years old

When: Monday–Friday Monday–Thursday
8:45am–11:00am 5:00pm-8:00pm

Cost \$1.50 per hour/per child
\$15.00 punch pass for 15 hours

*All County Memberships include free child care!

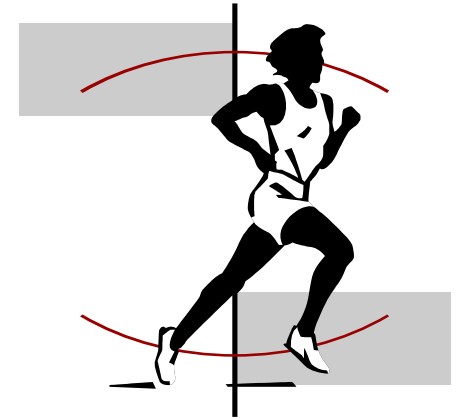
<http://www.recreation.slco.org/unity>

Salt Lake County Parks and Recreation
Sorenson Unity Fitness and Recreation Center
1383 South 900 West
Salt Lake City, UT 84104

"Improving Lives through People, Parks and Play"

Sorenson Unity Fitness & Recreation Center

801-886-2619



1383 South 900 West
Salt Lake City, UT 84104

Hours of Operation

Monday - Thursday	6 am - 9 pm
Friday	6 am - 8 pm
Saturday	8 am - 5 pm
Sunday	10 am - 2 pm



SALT LAKE
COUNTY



Sorenson Unity Center

Special Interest Classes

Starlite Dance Academy

Cheerleading

Who: 6-12 years old
When: Mondays
 4:00-4:50 pm
Cost: \$15/month

Tumbling

Who: 4-9 years old
When: Mondays
 5:00-5:50 pm
Cost: \$15/month

Tap/Ballet Combo

Who: 3-5 years old
When: Thursdays
 4:00-4:50pm
Cost: \$15/month

Hip-Hop Dance

Who: 8-13 years old
When: Thursdays
 6:00-7:00 pm
Cost: \$15/month

Clogging/Power Tap

Who: 5-10 years old
When: Thursdays
 5:00-5:50 pm
Cost: \$15/month



Up With Kids Musical Theater

Wonderfully "WICKED"



Who: 4-17 years old
When: Wednesdays
 3:00-6:00 pm
Cost: \$30/month

JUJITSU

Who: Ages 5 to adult
When: Saturdays
 1:00pm
Cost: \$30/month



Membership Fees and Passes

Pool & Fitness Passes						
Includes access to Steiner West Pool and Unity Fitness Center						
	Daily	Monthly	Annual	Monthly Bank Draft	Corporate	Corporate Bank Draft
Adult 18-59	\$4.00	\$25.00	\$195.00	\$19.17	\$170.00	\$16.67
Couple	-	-	\$295.00	\$28.33	\$255.00	\$24.58
Senior	\$3.00	\$20.00	\$125.00	\$12.09	\$125.00	\$12.09
Senior Couple	-	-	\$180.00	\$17.50	\$180.00	\$17.50
*Family		\$50.00 (up to 8 people) Each adt'l person is \$10	2- \$295.00 3- \$320.00 4- \$345.00 Each adt'l person is \$25	2- \$28.33 3- \$30.42 4- \$32.50 Each adt'l person is ~ \$2.08	2- \$255.00 3- \$275.00 4- \$295.00 Each adt'l person is \$20	2- \$24.58 3- \$26.25 4- \$27.92 Each adt'l person is ~ \$1.67
*Family is defined as: Persons living in the home, in which you claim on you taxes, and are under the age of 25.						
Annual Gold Passes						
Includes access to all Salt Lake County indoor pools, fitness centers, land and water aerobics, and basketball courts.						
	Daily	Monthly	Annual	Monthly Bank Draft	Corporate	Corporate Bank Draft
Adult 18-59	\$6.00	<i>Unity Only</i> \$40.00	\$316.00	\$30.17	\$269.00	\$25.75
Couple	-	-	\$495.00	\$47.17	\$422.00	\$40.42
Senior	\$4.50	\$20.00	\$125.00	\$12.09	\$125.00	\$12.09
Senior Couple	-	-	\$180.00	\$17.50	\$180.00	\$17.50
Family			2- \$495.00 3- \$520.00 4- \$545.00 Each adt'l person is \$25	2- \$47.17 3- \$49.67 4- \$52.17 Each adt'l person is ~ \$2.50	2- \$422.00 3- \$443.00 4- \$464.00 Each adt'l person is \$21	2- \$40.42 3- \$42.42 4- \$44.42 Each adt'l person is ~ \$2.00
Pool Passes						
Includes access to Steiner West Pool						
	3/under	Child 4-12	Youth 13-17	Adult 18-59	Senior 59+	Senior Couple
Daily	Free	\$1.00	\$1.50	\$2.00	\$1.00	-
Monthly	Free					
Annual	Free	\$110.00	\$110.00	\$140.00	\$110.00	\$180.00

Aerobics

MON	6:30 PM *Zumba*			
TUE	6:30 AM Power Yoga	9:00 AM Muscle Sculpt	6:00 PM Burpee Workout	7:00 PM Pilates
WED	12:00 PM Yogalates (Yoga/Pilates)	6:00 PM Tone & Sculpt	7:30 PM Power Yoga	
THU	6:30 AM Power Yoga	9:00 AM Abs & Tone	7:00 PM Cardio Espanol	8:00 PM FUN-Yoga
FRI				
SAT	8:00 AM FUN-Yoga	9:45 AM Cardio Espanol	11:00 AM *Level II Belly Dancing*	12:00 PM *Level I Belly Dancing*
SUN	10:00 AM Cardio Espanol			

Monthly Aerobics Pass \$29.00

(includes access to all aerobics classes for one month)

Daily Aerobics Pass \$4.50

(includes access to one aerobics class that day)

Zumba Class

\$8 per class or \$30 for 5 punch pass

Belly Dancing

\$10 per class or \$35 for 4 classes