

Swim Team

Youth age 17 and under are invited to join our Youth Swim Team! Participants must be able to swim 25 yards unassisted. (25 yards = 1 pool length)

Cost: \$27 per month or \$61 for 3 months (reduced price for lower income families, inquire at the Sorenson Unity Fitness Center)

Practice: Monday, Wednesday, Friday
5:00pm to 6:00pm

Senior Swim

Monday-Friday
7:30am-9:00am and
10:00am-11:00am
Cost: \$0.50

Water Aerobics

Monday & Wednesday
6:00pm-7:00pm
Tuesday & Thursday
5:00pm-6:00pm
Cost: \$3.00/day
\$30.00/ 15 punch pass

Swim Lessons

Come in and sign up today!

Tuesday & Thursday:

Level 1 5 - 5:30PM
Level 2 5:30 - 6PM

Dates:

September 1st - 24th
October 1st - 27th
*November 3rd - 24th
*December 1st - 29th

Fees: \$24 for 8 lessons



*Classes will NOT be held on Nov. 26 & 28 and Dec. 24 & 26.

Course schedules are subject to change.

Saturday:

Level 1 10 - 10:30AM
Level 1 10:30 - 11AM
Level 2 9:30 - 10AM
Level 3 9 - 9:30AM
*Level 4 8:30 - 9AM

Dates:

September 5, 12, 19, 26
October 10, 17, 24, 31
November 7, 14, 21
December 5, 12, 19

Fees: \$12 for 4 lessons or \$9 for 3 lessons

*All children passing level 4 are encouraged to join the Jr. Panthers Swim Team.

***MUST BE between Ages 4-12**

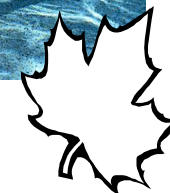
Open Sign-Up for each session begins on the first day of the previous session, ex: Oct 1-27 sign-up starts Sept. 1 **NO EXCEPTIONS**

Steiner West Swimming Pool



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Steiner West Aquatics Center

855 West California Avenue (1300 South)
Salt Lake City, Utah
84104

Phone: 801-908-6231

Visit us online at:

<http://www.recreation.slco.org/unity>



Pool Schedule

Prices

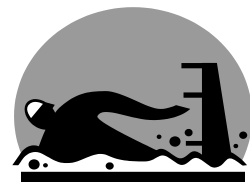
| Open Plunge & Lap Swim | |
|-----------------------------------------------------------------------------------|---------|
| Adult (18-59) | \$2.00 |
| Youth (12-17) | \$1.50 |
| *Child (4-12) | \$1.00 |
| *Toddler (3 & under) | Free |
| Senior (60+) | \$1.00 |
| <i>*Children under the age of 9 must be accompanied by an adult in the water!</i> | |
| 15 Punch Pass | |
| Adult | \$22.50 |
| Youth | \$16.50 |
| Child | \$11.25 |
| Senior | \$11.25 |
| Masters Swim | \$30.00 |
| Water Aerobics | |
| 1 Day | \$3.00 |
| 15 Punch Pass | \$30.00 |

- > All Day Passes and Punch Passes are sold at the front desk of the Sorenson Multi-Cultural Center.
- > Annual Passes and Monthly Pool & Fitness Passes are sold at the Sorenson Unity Fitness Center (1383 South 900 West).

Kids' Day

Ages: 4 - 17
When: Friday's
 (During Any Open Plunge)
Cost: \$0.50 per child

When: Monday's
 7:00pm-8:00pm
Cost: \$4.00/family of 5
 Each adtl. person is \$0.50



*Times are subject to change, call ahead to check the schedule.
 Steiner West is not open on Sunday.*

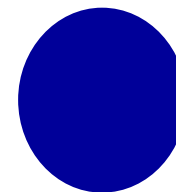
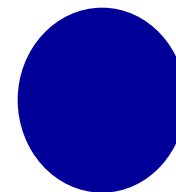
| | MON | TUE | WED | THU | FRI | SAT |
|------|--------------------------------------------|-------------------------------------------|-------------------------------------------|-------------------------------------------|----------------------------------|-------------------|
| 6am | Lap Swim (6-9) | Lap Swim (6-9) | Lap Swim (6-9) | Lap Swim (6-9) | Lap Swim (6-9) | CLOSED |
| 7am | Senior Swim (7:30-9) | Senior Swim (7:30-9) | Senior Swim (7:30-9) | Senior Swim (7:30-9) | Senior Swim (7:30-9) | |
| 8am | | | | | | Lessons 8:30 - 11 |
| 9am | | | | | | |
| 10am | Senior Swim (10-11) | Senior Swim (10-11) | Senior Swim (10-11) | Senior Swim (10-11) | Senior Swim (10-11) | CLOSED 11-12 |
| 11am | Lap Swim (11-1) | Lap Swim (11-1) | Lap Swim (11-1) | Lap Swim (11-1) | Lap Swim (11-1) | |
| Noon | | Masters Swim (11:30-12:30) | | Masters Swim (11:30-12:30) | | Lap Swim (12-1) |
| 1pm | Open Plunge (1-5pm) | Open Plunge (1-5pm) | Open Plunge (1-5pm) | Open Plunge (1-5pm) | Open Plunge (1-5) KIDS DAY!!! | Open Plunge (1-4) |
| 5pm | Jr. Panthers Swim Team (5-6) | Basic Water Aerobics & Swim Lessons (5-6) | Jr. Panthers Swim Team (5-6) | Basic Water Aerobics & Swim Lessons (5-6) | Jr. Panthers Swim Team (5-6) | CLOSED @ 4pm |
| 6pm | Water Aerobics (6-7) Family Night (7-8) | Open Plunge (6-8) | Water Aerobics (6-7) Open Plunge (6-8) | Open Plunge (6-8) | Open Plunge (6-8) KIDS DAY!!! | |

LAP SWIM



Monday - Friday
 6:00am - 9:00am
 11:00am - 1:00pm
Saturday
 12:00pm - 1:00pm

Lap lanes usually available
 during open plunge times
 (except Mon. & Wed. 6-7pm)



MASTERS

A non-competitive adult swim team that provides some equipment and coaching. For ages 18+

Tuesday and Thursday
 11:30am - 12:30pm
Cost: \$3.00/day
 \$30/15 punch pass

SWIM