

Marv Jenson Fitness & Recreation Center



Fencing



Quality, professional instruction.

Instruction is based on the participants skill and progression.

Fencing is an original Modern Day Olympic sport where participants focus on agility, balance, self-control, and self-discipline.

Opportunities exist to compete on a National and WorldWide Level.

Monthly Classes

Monday Evenings

Grades 1st thru 6th (must be six years old): 6:30 to 7:30pm

Family/Adult : 7:45 to 8:45pm

\$40/month

(\$30 for additional family members)

Monday AND Thursday Evenings

Competitive Students*: 6:30 to 8:30pm

This class is for those who are competing. Must have instructor approval before registering. Fee includes Monday class AND Thursday Night Class

\$60/month

(\$50 for additional family members)

Participants must wear sweat pants and sneakers.

Special gear will be provided by the instructor.

Instructor Information: Classes are taught by Kenny Nopens. Kenny is a USFA certified instructor, a competitor at the national level, and a former collegiate coach.

Kenny's students rank nationally in Fencing Competitions.

For More Information Specific to the Classes/Program Call Kenny @ 801-476-0524

Summer INTERMEDIATE CAMP (\$40): JULY 14 - 16; 1:00 - 5:00pm

LEARN TO FENCE (\$25): JULY 20 - 23

10:00 - 11:30 am (ages 6 to 11)

12:30 - 2:00 pm (ages 12 and up)

Clinics

REGISTER AT MARV JENSON FITNESS & RECREATION CENTER

10300 S. REDWOOD RD, S. JORDAN OR ONLINE @ www.activityreg.com

* Participants must register by deadline so that the proper amount of gear can be provided for the course*

**** REGSITER EARLY CLASS SIZE IS LIMITED ****

****Must have at least 6 participants for class to carry****