



**Dimple Dell Fitness & Recreation Center**  
**Fall Outdoor Soccer League 2009**  
**PRE-K - South Mountain Fields**



Team	Color	Coach	Phone
PK1	Orange	David Milne	720-339-3760
PK2	Black	Jacob Cavanaugh	801-809-5436

Team	Color	Coach	Phone
PK3	Dark Green	Cindy Nelson	801-571-6356
PK4	Lt. Blue	Eric Wolf	801-792-0105

Date	Time	Teams	Field
9/12	3 pm	PK1 PK4	1
Start	3 pm	PK2 PK3	1

Date	Time	Teams	Field
Thur 9/17	5:30 pm	PK3 PK1	1
	6:30 pm	PK4 PK2	1

Sat 9/19	9am	PK1 PK2	1
	10am	PK3 PK4	1

Picture day is Thurs Sept. 24th

Thur 9/24	5:30 pm	PK4 PK1	1
	6:30 pm	PK3 PK2	1



Sat 9/26	9am	PK1 PK3	1
	10am	PK2 PK4	1

Thur 10/1	5:30 pm	PK2 PK1	1
	6:30 pm	PK4 PK3	1

**\*\*NO Game Sat 10/3 due to UEA weekend**

Thurs 10/8	5:30 pm	PK1 PK4	1
	6:30 pm	PK2 PK3	1

Sat 10/10	9am	PK3 PK1	1
	10am	PK4 PK2	1

Thurs 10/15	5:30 pm	PK1 PK2	1
	6:30 pm	PK3 PK4	1

Sat 10/17	9am	PK4 PK1	1
	10am	PK3 PK2	1

**MAKE UP DAY IF NEEDED!!**

All games will be played at  
**South Mountain Fields by Draper Pool**

\* South Mt. take 1300 east heading south, Turn right at the stop sign where 1300 East ends, onto Highland Drive. Travel approx. 2 miles to Vestry Rd. Turn left and the fields are past the pool on your left.

For rainout information call 495-1480 ext 235 approximately 30 minutes before game time

Picture day is scheduled on Thurs Sept. 24th  
 schedules will be distributed at least a week before.

Pictures and Trophies will be distributed following your final scheduled game  
*(Pictures are not included in the program, but can be purchased at an additional cost)*

**RULES**

Games will be on a short soccer field and the league will run with age-modified soccer rules.  
**Pre-K & K:** 5 on 5 (no goalies), four 6 minute quarters  
 Use size 3 ball.  
**1st/2nd:** 6 on 6 (w/ goalies), four 8 minute quarters with a 2 minute half time. Use size 4 ball.  
**3rd-6th:** 8 on 8 (w/ goalies), four 10 minute quarters with a 2 minute half time. Use 4 or 5 sized ball.



# Dimple Dell Fitness & Recreation Center Fall Outdoor Soccer League 2009



## Kindergarten - South Mountain Fields

Team	Color	Coach
SK1	Lt. Blue	Deanna Nunley 801-532-8229
SK2	Wht/Red	Jessica Riessen 801-676-9157

Team	Color	Coach
SK3	Burg/Blk	Andrea Haugen 801-999-4213 Craig Fisher 801-209-3691
SK4	Dr Green	Kathie Ellsworth 801-349-2829

Date	Time	Teams	Field
9/12	3 pm	SK1 SK4	1
Start	3 pm	SK2 SK3	1

Date	Time	Teams	Field
Wed 9/16	5:30 pm	SK3 SK1	1
	6:30 pm	SK4 SK2	1

Picture day is Tues Sept. 22nd

Date	Time	Teams	Field
Sat 9/16	11am	SK1 SK2	1
	12pm	SK3 SK4	1

Date	Time	Teams	Field
Wed 9/23	5:30 pm	SK4 SK1	1
	6:30 pm	SK3 SK2	1



Date	Time	Teams	Field
Sat 9/26	11am	SK1 SK3	1
	12pm	SK2 SK4	1

Date	Time	Teams	Field
Wed 9/30	5:30 pm	SK2 SK1	1
	6:30 pm	SK4 SK3	1

**\*\*NO Game Sat 10/3 due to UEA weekend**

Date	Time	Teams	Field
Wed 10/7	5:30 pm	SK1 SK4	1
	6:30 pm	SK2 SK3	1

Date	Time	Teams	Field
Sat 10/10	11am	SK3 SK1	1
	12pm	SK4 SK2	1

Date	Time	Teams	Field
Wed 10/14	5:30 pm	SK1 SK2	1
	6:30 pm	SK3 SK4	1

Date	Time	Teams	Field
Sat 10/17	11am	SK4 SK1	1
	12pm	SK3 SK2	1

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Dimple Dell Fitness & Recreation Center  
**Fall Outdoor Soccer League 2009**



**1st/2nd Grade - South Mountain Fields**

Team	Color	Coach	Phone
S101	Royal	Michele Wright	801-897-5931
S102	Dr. Green	Chad Dutton	801-601-8709

Team	Color	Coach	Phone
S103	Blk/Wht	Mr. Featherstone	801-550-8200
S104	Silver	NEEDED	

Date	Time	Teams	Field
9/12	3:45pm	S101 S104	1
Start	3:45pm	S102 S103	1

Date	Time	Teams	Field
Tues 9/15	5:30 pm	S103 S101	1
	6:30 pm	S104 S102	1

Sat 9/19	1pm	S101 S102	1
	2pm	S103 S104	1

Picture day is Tues Sept. 22nd

Tues 9/22	5:30 pm	S104 S101	1
	6:30 pm	S103 S102	1



Sat 9/26	1pm	S101 S103	1
	2pm	S102 S104	1

Tues 9/29	5:30 pm	S102 S101	1
	6:30 pm	S104 S103	1

**\*\*NO Game Sat 10/3 due to UEA weekend**

Tues 10/6	5:30 pm	S101 S104	1
	6:30 pm	S102 S103	1

Sat 10/10	1pm	S103 S101	1
	2pm	S104 S102	1

Tues 10/13	5:30 pm	S101 S102	1
	6:30 pm	S103 S104	1

Sat 10/17	1pm	S104 S101	1
	2pm	S103 S102	1

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**Dimple Dell Fitness & Recreation Center**  
**SPRING & FALL OUTDOOR SOCCER RULES**

1. **Number of players:** Maximum of twelve on a roster. The maximum number of players on the field for Pre-K & K is 6 per team and the minimum number is three. Neither age group has goalies. The 1<sup>st</sup>-6<sup>th</sup> grade divisions will have a maximum of 12 players per team; 1<sup>st</sup>/2<sup>nd</sup> will have six players on the field at one time including the goalie and the older kids will have eight players, including the goalie.
2. **Duration of the game:** Games will consist of four 6-minute quarters for the Pre-K&K and 1<sup>st</sup>/2<sup>nd</sup> grade divisions will have four 8-minute quarters with the clock running continuously. The 3<sup>rd</sup>-6<sup>th</sup> divisions will play four 10-minute quarters. There will be a 2-minute break between quarters and a 2-minute break between halves.
3. **Start of play:** The ball is kicked from the mid-point of the mid-field line. The ball must be kicked back forward to start play. The ball must travel two-feet to be a legal kick. The kickoff must touch another player before it goes into the goal. A player cannot pass the ball to himself (two kicks in a row) to start play. The officials will randomly select a team to kick off at the start of the game. This team will also kick off at the start of the third quarter. The other team will kick off the second and fourth quarters. The teams will change goals at half time for the 3<sup>rd</sup>-7<sup>th</sup> grade division.
4. **Substitutions:** Unlimited. Recommended between periods or at halftime. Substitutions are also allowed during regular stoppages of play (ball out of bounds, free kick situations, after a scored goal, time out, etc.) Official must be notified prior to substitutions. Coaches must attempt to distribute playing time equally.
5. **Player's equipment:** Goalkeepers must wear colors that will distinguish them totally from other players (the shirt will be provided). Plastic or rubber cleats may be worn but are not necessary. Absolutely no jewelry permitted. Shin guards are **highly recommended** for all players.
6. **Off Sides & Officials:** Off sides will be called for the 3<sup>rd</sup>-6<sup>th</sup> grade divisions. An offensive player cannot receive a pass without a defender being between them and the goal—officials will only call this if the player receives the ball. One or two referees will officiate all league games. The officials' authority commences upon entering the field of play.
7. **Fouls and misconduct:** A direct free kick (not required to touch another player before going into the goal) will be awarded to the opposing team if a player kicks, pushes, trips, strikes, boards, jumps toward, holds, or violently charges an opposing player, or handles the ball. Any intentional foul committed, as judged by the official, will result in a warning on first offense; stronger warning on second offense; ejection from game & next game on third offense. Offenses of obstruction, charging, dangerous play, and unsportsmanlike conduct shall be penalized by an indirect free kick (must touch another player before going into the goal). **No slide tackling.** Any slide tackle will result in a direct free kick for the opposing team.
8. **Violent conduct or serious foul play:** If the official judges that a player is guilty of violent conduct, that player may be removed for the remainder of the game and/or the next scheduled game.
9. **Goal Kick:** When the ball crosses the goal line completely after being touched by a player from the offensive team, the ball is put into play by a free kick from the goal area by the defending team.
10. **Corner Kick:** When the ball crosses the goal line completely after being last touched by a player from the defending team, the ball is put back into play by a direct kick from the offensive team at the corner mark closest to where the ball went out.
11. **Penalty kicks:** Fouls in the goal box will result in a penalty kick. The penalty kick is taken by placing the ball on the designated spot on the field (approx. 10 yards from goal). All other players will move back behind the ball except the goalkeeper and the person taking the kick. Once the ball is contacted, everyone can move. The player kicking the ball must shoot at goal. He may not dribble in to make a goal. The goalie cannot come of his/her line. The other players can go after the ball one it is initially struck.
12. **Free kicks:** All players must stand back at least 10 feet from the player who is kicking the free kick.
13. **Throw in:** When the ball completely crosses the sideline, the ball will be put back into play by the team which did not touch the ball last prior to it crossing the sideline. The ball will be held over the head and thrown in with both hands. The player must have both feet behind the sideline and both of the player's feet must remain on the ground until the ball is released.
14. **Use of hands:** Players may not contact the ball with the hand (defined as any point from the point of the shoulder down to the tips of the fingers) with the exception of the goalie who may pick up the ball within the penalty box. The penalty for a hand ball will be a direct free kick for the opposing team from the point of the violation

**PLEASE NOTE: This is a recreational league, designed for participants to have fun playing soccer in a non-competitive atmosphere.** All rule interpretations are at the discretion of the officials and site supervisor. Rule disputes will not be tolerated.